SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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	ss of Reporting Perso	n*	2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS CORP [BGFV]		tionship of Reporting Pers	son(s) to Issuer		
MILLER STI	<u>EVEN G</u>			X	Director	10% Owner		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X	Officer (give title below)	Other (specify below)		
	RTING GOODS (()	03/16/2010		Director, Presider	nt & CEO		
2525 EAST EL	SEGUNDO BLVI)						
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	/idual or Joint/Group Filing	g (Check Applicable		
EL SEGUNDO	CA	90245		XF		X Form filed by One Reporting Person		
,					Form filed by More that Person	n One Reporting		
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Ition Date, Transaction Disposed Of (D) (Instr. 3, 4 and Code (Instr. 5)				(A) or 3, 4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.7	814,900	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.63	814,800	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		200	D	\$15.6	814,600	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		1,000	D	\$15.55	813,600	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Natu													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)	action (Instr.	4. Securities Disposed O 5)	s Acquirec f (D) (Instr	i (A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		256	D	\$15.49	813,344	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		200	D	\$15.48	813,144	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.47	813,044	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.46	812,944	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.45	812,844	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		102	D	\$15.44	812,742	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		102	D	\$15.43	812,640	Ι	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. National (Content in the content in													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)	action (Instr.	4. Securities Disposed Of 5)	Acquirec (D) (Instr	i (A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr.4)			
			Code	v	Amount	(A) or (D)	Price Transaction(s) (Instr. 3 and 4)	(Instr. 4)					
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		1,300	D	\$15.41	811,340	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		1,652	D	\$15.4	809,688	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		630	D	\$15.39	809,058	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		100	D	\$15.38	808,958	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		2	D	\$15.36	808,956	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		102	D	\$15.34	808,854	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		200	D	\$15.33	808,654	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)	action Instr.	4. Securities Disposed Of 5)	s Acquirec f (D) (Instr	i (A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	ction(s)	(11311.4)			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		996	D	\$15.32	807,658	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/16/2010		S ⁽¹⁾		658	D	\$15.31	807,000	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/17/2010		S ⁽¹⁾		100	D	\$15.55	806,900	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/17/2010		S ⁽¹⁾		200	D	\$15.56	806,700	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/17/2010		S ⁽¹⁾		100	D	\$15.59	806,600	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/17/2010		S ⁽¹⁾		500	D	\$15.7	806,100	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			
Common Stock, par value \$.01	03/17/2010		S ⁽¹⁾		500	D	\$15.71	805,600	I	By the Steven G. Miller and Jacquelyne G. Miller Trust dated September 13, 1990			

	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned True (0, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,																																		
1. Title of S	Security (Inst	r. 3)		2. Transad Date (Month/Da		Execu if any	eemed ution Date, :h/Day/Year)			Code (Instr.		Transaction Code (Instr.					Disposed Of (D) (Instr. 3,												4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)				6. Owners Form: Dir (D) or Ind (I) (Instr. 4	ect rect)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)			(11511-4)																		
Common	Stock, par v	value \$.01		03/17/	2010			S ⁽¹⁾		500	D	\$15.72	2 80	5,100	I		By the Steven G. Miller and Jacquelyn G. Miller Trust dated Septembe 13, 1990																		
Common	Stock, par v	value \$.01		03/17/	2010			S ⁽¹⁾		100	D	\$15.75	5 80	805,000			By the Steven G. Miller and Jacquelyn G. Miller Trust dated Septembe 13, 1990																		
Common	Stock, par	value \$.01											15	,000	D																				
		Ta								osed of, o convertib			Owned																						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transac Code (Ir 8)	tion nstr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Expirat (Month	ion Da		7. Title ar Amount of Securitie: Underlyir Derivative Security and 4)	of S Ig e	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Generation Generation	ership n: ct (D) direct nstr. 4)	11. Nature of Indirect Beneficial Ownershi (Instr. 4)																		

Date Exercisable Expiration Date

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to the Rule 10b5-1 trading plan adopted by the reporting person on August 31, 2009

Code V

(A) (D)

Remarks:

Gary S. Meade, Attorney-In-Fact

Amount or Number

of Shares

Title

03/17/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.