FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washing

Washington, D.C. 20549	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-02		

	OMB Number:	3235-028
	Estimated average burd	en
- 1	hours por rosponso:	0.1

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BANE SANDRA N							2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]										ionship of Reporting P all applicable) Director		ng Perso	10% Owner		
(Last) (First) (Middle) C/O BIG 5 SPORTING GOODS CORPORATION					ΓΙΟΝ	3. Date of Earliest Transaction (Month/Day/Year) 06/07/2019												Officer (give title below)		Other (specif below)		
2525 EAST EL SEGUNDO BLVD.						4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) EL SEGUNDO CA 90245														X Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)		(Sta	te) (2	Zip)																		
			Tabl	e I - Noi	n-Deriv	ative	Sec	curitie	s Acc	quired	, Dis	posed o	f, or	Bene	efici	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execut ay/Year) if any		Deemed lecution Date, any onth/Day/Year)				ies Acquired (A) Of (D) (Instr. 3, 4			and Se		Securities Beneficially		nership Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
											v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(11150.4)	
Common Stock, par value \$.01 06/07/2						/2019				A		36,232	(1) A		\$	79,682		9,682		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security Security 3. Transaction Date (Month/Day/Year) if any (Month/Day/Year)				n Date, Transaction Code (Instr					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deriv	ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of								

Explanation of Responses:

1. Represents restricted stock units that vest 100% on the earlier of (a) the date of the Company's next annual stockholders meeting following the date of grant or (b) the one-year anniversary of the date of grant. Vested shares will be delivered to the reporting person on the tenth business day of January following the year in which the reporting person's service as a director terminates.

Remarks:

LUKE D. THOMPSON, 06/11/2019 ATTORNEY-IN-FACT

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.