FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						or Sectio	n 30(n) of the	invesune	ni Comp	ally Act of	1540							
I. Name and Address of Reporting Person* <u>Jessick David</u>					2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]								5. Relation (Check a	Relationship of Reporting Person(s) (Check all applicable) X Director			10% Own	er
(Last) (First) (Middle) C/O BIG 5 SPORTING GOODS CORPORATION 2525 EAST EL SEGUNDO BLVD.					3. Date of Earliest Transaction (Month/Day/Year) 09/14/2018									Officer (give title	below)		Other (spe	cify below)
(City) (S	A tate)	90. (Ziş			4. If Amen	dment, Date o	of Original Fil	ed (Month	/Day/Yea	ar)			Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Т	able I -	Non-Deri	vative Sec	curities A	cquired	l, Disp	osed of	, or Benef	ficially Ow	ned					
1. Title of Security (Instr. 3)				2. Transacti Date (Month/Day	Execu	Execution Date, C		Transaction 4. Securi Code (Instr. 8) 3, 4 and			(A) or Dispose	d Of (D) (Instr.	Beneficially Owned Fe			nip Form: or Indirect (I)	7. Nature of Indirect Beneficial	
					(Month/Day	/Year) if any (Monti	h/Day/Year)	Code	v	Amount		(A) or (D)	Price	Reported Transaction(s) (Instr. 4) (Instr. 3 and 4)			Ownership (Instr. 4)	
Common Stock, par value \$.0	1				09/14/20	018 09/	17/2018	A		1,0)97 ⁽¹⁾	Α	\$0	39,149		D		
				Table I		tive Secu outs, calls						ially Owne es)	d					
Title of Derivative Security (Instr.)	2. Conversion or Exercise Price of Derivative Security	rsion Date rcise (Month/Day/Year) i of tive		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expirat	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Derivative So	Amount of Secu ecurity (Instr. 3	rities Underlying and 4)	Underlying 8. Price of Derivative Security (Instr. 5)		e Fo s (D)	Ownership rm: Direct or Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
replanation of Donnauses				Code	v	(A)	(D)	Date Exercis	sable D	expiration Date	Title		Amount or Number of Sha	res	Following Reported Transaction(s) (Instr. 4)			

1. Represents shares as to which the reporting person acquired beneficial ownership as a result of automatic reinvestment of dividend accruals in respect of previously reported restricted stock units held by the reporting person pursuant to the issuer's Amended and Restated 2007 Equity and Performance Incentive Plan. These restricted stock units will vest on the same dates as the units in respect of which the dividends accrued. These accruals and reinvestments occur quarterly following grant of the units, with the accrual date being the deemed execution date reported herein.

Remarks:

EXHIBIT LIST -- Exhibit 24 -- Power of Attorney

IAN R. LANDGREEN, ATTORNEY-IN-FACT 09/18/2018

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

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* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File there copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Luke D. Thompson, Ian R. Landgreen and Barry D. Emerson, and each of them, 1

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as a director of Big 5 Sporting Goods Corporation (the "Company"), Forms 3, 4, and 5

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and ti

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best i

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, neces

This power of attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the 26th day of July, 2018.

/s/ David R. Jessick

David R. Jessick