FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5
	OMB Number: Estimated average burden

$\overline{}$	Check this box if no longer subject to Section 16. Form 4

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						or Sectio	n 30(n) of the	Investment Co	mpany Act o	f 1940					
Name and Address of Reporting Person* Marrone Michael P.				2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]						5. Relations (Check all a	nip of Reporting P oplicable) Director	erson(s) to Iss	suer 10% Own	er	
(Last) (First) (Middle) C/O BIG 5 SPORTING GOODS CORPORATION 2525 EAST EL SEGUNDO BLVD.					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2019					X	X Officer (give title below) Other (specify below) Senior VP, Store Operations				
(Street) EL SEGUNDO	Α	90	245		If Amendment, Date of Original Filed (Month/Day/Year)					6. Individual	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (S	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1. Title of Security (Instr. 3)						2. Transaction 2A. Deemed		. Transaction Code (Instr. 8)	4. Secur 3, 4 and	4. Securities Acquired (A) or Disposed Of (I 3, 4 and 5) Amount (A) or (D) Price		Beneficially Owned Following D		Ownership Form: rect (D) or Indirect (I) sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Conversion or Exercise Price of Derivative Date (Month/Day/Year) Ex	Execution Date, if any (Month/Day/Year)	4. Transac (Instr. 8)	ction Code	e 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Secu Derivative Security (Instr. 3		Inderlying 8. Price of Derivative Security (Instr. 5)		of 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Re Tra	Following Reported Transaction((Instr. 4)	(s)	
Employee Stock Option (right to buy)	\$4.07	03/01/2019		Α		12,000		(1)	03/01/2029	Common Stock, par value \$.01	12,000	\$0.00	12,000	D	

Explanation of Responses:

The options vest in four equal annual installments, commencing on March 1, 2020.

Remarks:

EXHIBIT LIST -- EXHIBIT 24 -- POWER OF ATTORNEY

LUKE D. THOMPSON, ATTORNEY-IN-FACT

03/04/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

*If the form is filed by more than one reporting person, see lnstruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Luke D. Thompson, Ian R. Landgreen and Barry D. Emerson, and each of them, 1

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer of Big 5 Sporting Goods Corporation (the "Company"), Forms 3, 4, and 5

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and ti

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best :

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, neces

This power of attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the 26th day of July, 2018.

/s/ Michael P. Marrone

Michael P. Marrone