FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person [*] DUNBAR JENNIFER HOLDEN			2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]		tionship of Reporting Person(s) to Issuer all applicable) Director 10% Owner		
(Last) (First) (Middle) C/O BIG 5 SPORTING GOODS CORPORATION		ORPORATION	3. Date of Earliest Transaction (Month/Day/Year) 11/04/2016		Officer (give title below)	Other (specify below)	
2525 EAST EL SEGUNDO BLVD.			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Filing (Check Applicable		
(Street) EL SEGUNDO (City)	CA (State)	90245 (Zip)		X	Form filed by One Rep Form filed by More that Person	0	
(City)	(Sidie)	(⁽ -')					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock, par value \$.01	11/04/2016		М		3,000	A	\$13.17	27,547	D	
Common Stock, par value \$.01	11/04/2016		М		3,000	A	\$ <mark>13</mark>	30,547	D	
Common Stock, par value \$.01	11/04/2016		М		3,000	A	\$8.26	33,547	D	
Common Stock, par value \$.01	11/04/2016		М		3,000	A	\$6.33	36,547	D	
Common Stock, par value \$.01	11/04/2016		М		1,500	A	\$11.93	38,047	D	
Common Stock, par value \$.01	11/04/2016		S		13,500	D	\$17.55 ⁽¹⁾	24,547	D	
Common Stock, par value \$.01								19,143 ⁽²⁾	I	By the Lilac II Trust dated June 28, 2000

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$13.17	11/04/2016		М			3,000	(3)	06/09/2019	Common Stock, par value \$.01	3,000	\$0	0	D	
Employee Stock Option (right to buy)	\$13	11/04/2016		М			3,000	(4)	06/09/2020	Common Stock, par value \$.01	3,000	\$0	0	D	
Employee Stock Option (right to buy)	\$8.26	11/04/2016		М			3,000	(5)	06/14/2021	Common Stock, par value \$.01	3,000	\$0	0	D	
Employee Stock Option (right to buy)	\$6.33	11/04/2016		М			3,000	(6)	06/12/2022	Common Stock, par value \$.01	3,000	\$0	0	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Expiration Date Derivative (Month/Day/Year) Securities Acquired				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Amount of Securities Underlying Derivative Security		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (right to buy)	\$11.93	11/04/2016		М			1,500	(7)	06/05/2024	Common Stock, par value \$.01	1,500	\$0	1,500	D			

Explanation of Responses:

1. Represents the weighted average sale price for multiple transactions at prices ranging from \$17.475 to \$17.60 per share. The undersigned undertakes to provide, upon request by the staff of the Securities and Exchange Commission, the issuer or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

2. These shares are owned indirectly by the reporting person as Trustee of the Lilac II Trust.

3. These options were granted on June 9, 2009, and vested in four equal annual installments, with the final vesting date being June 9, 2013.

4. These options were granted on June 9, 2010, and vested in four equal annual installments, with the final vesting date being June 9, 2014.

5. These options were granted on June 14, 2011, and vested in four equal annual installments, with the final vesting date being June 14, 2015.

6. These options were granted on June 12, 2012, and vested in four equal annual installments, with the final vesting date being June 12, 2016.

7. These options were granted on June 5, 2014, and vest or vested in four equal annual installments, with the final vesting date being June 5, 2018.

Remarks:

GARY S. MEADE, ATTORNEY-IN-FACT

11/08/2016

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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