FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPF	ROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BANE SANDRA N				2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]									all app	pplicable) ector		Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O BIG 5 SPORTING GOODS CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 06/14/2019										Office	er (give title v)		Other below)	(specify
2525 EAST EL SEGUNDO BLVD. (Street) EL SEGUNDO CA 90245			4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							5. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State)	(Zip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)			(A) oi 3, 4 a	4 and Secu Bene		cially I Following	Form: (D) or	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount		(A) or (D)	Price	. 1	Transaction(s) (Instr. 3 and 4)				(1130.4)	
Common Stock, par value \$.01 06/14/				/2019 06/17/2019		/2019	A		928(1)		A	\$	\$0 8		0,610		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security Security 3. Transaction Date (Month/Day/Year) if any (Month/Day/		cution Date,	4. Transaction of Code (Instr. 8) Sect Acqu (A) c Disp of (E) (Instr.		Derive Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired psed			Amount of Securities Underlyin Derivative Security (and 4)		ount of urities erlying vative urity (In: 4) Amo or Nun of	ount nber			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow Fo Dir or (I)	nership rm: ect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Represents shares as to which the reporting person acquired beneficial ownership as a result of automatic reinvestment of dividend accruals in respect of previously reported restricted stock units held by the reporting person pursuant to the issuer's equity incentive plan. These restricted stock units will vest on the same dates as the units in respect of which the dividends accrued. These accruals and reinvestments occur quarterly following grant of the units, with the accrual date being the deemed execution date reported herein.

Remarks:

IAN R. LANDGREEN, ATTORNEY-IN-FACT

06/18/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.