FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-02								

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				' '									
1. Name and Address of Reporting Person* <u>DUNBAR JENNIFER HOLDEN</u>					2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS Corp [BGFV]									Relationsh neck all ap X Dire	plicable)	g Person(s) to Is				
		NG GOODS CO	Middle) RPORAT	TON			of Earlies 2019	st Trans	action (Month/Day/Year)							Officer (give title below)		Other below)	(specify	
2525 EAST EL SEGUNDO BLVD.					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) EL SEGU	JNDO CA	A 9	90245												X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	ate) (Zip)																	
		Tabl	e I - Non	-Deriv	ative	Se	curitie	es Ac	quired,	Disp	osed o	f, or	Bene	ficia	lly Own	ed				
Date			Date	2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transaction Dispose Code (Instr. 8)				d Secur Benef Owne	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										v	Amount		A) or D)	Price	Trans	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock, par value \$.01 03/22				03/22	/2019 03/27/2019			A		476(1	476 ⁽¹⁾		\$0		42,151					
Common Stock, par value \$.01														10	16,143(2)			By the Lilac II Trust dated June 28, 2000		
		Та	ble II - D								sed of, onvertib				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number 6		6. Date Ex Expiration (Month/Da	kercis	able and	7. Title and Amount of Securities Underlying Derivative Security (Instrand 4)		tr. 3	3. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owr Forr Dire or Ir (I) (I	ership n: ct (D) direct nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	Code V		(A) (D)			Expiration Date	Title	Amo or Num of Shar	ber						

1. Represents shares as to which the reporting person acquired beneficial ownership as a result of automatic reinvestment of dividend accruals in respect of previously reported restricted stock units held by the reporting person pursuant to the issuer's Amended and Restated 2007 Equity and Performance Incentive Plan. These restricted stock units will vest on the same dates as the units in respect of which the dividends accrued. These accruals and reinvestments occur quarterly following grant of the units, with the accrual date being the deemed execution date reported herein.

Remarks:

IAN R. LANDGREEN, ATTORNEY-IN-FACT

03/28/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} These shares are owned indirectly by the reporting person as Trustee of the Lilac II Trust.