FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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(Last) (First) (Middle)			2. Issuer Name and Ticker or Trading Symbol BIG 5 SPORTING GOODS CORP [BGFV] 3. Date of Earliest Transaction (Month/Day/Year) 11/25/2013		tionship of Reporting Per all applicable) Director Officer (give title below) Senior VP, Human	10% Owner Other (specify below)
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	ndividual or Joint/Group Filing (Check Applicable	
(Street) EL SEGUNDO (City)	CA (State)	90245 (Zip)		Line) X	Form filed by One Rep Form filed by More tha Person	0

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1 Non Derivative decounties Acquired, Disposed of, of Denenotary Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock, par value \$.01	11/25/2013		М		4,000	A	\$8.95	15,025	D			
Common Stock, par value \$.01	11/25/2013		S		4,000	D	\$18.47	11,025	D			
Common Stock, par value \$.01								9,200	I	By The Fraley Family Living Trust Dated August 26, 2004		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$8.95	11/25/2013		М			4,000	(1)	03/03/2018	Common Stock, par value \$.01	4,000	\$0	3,500	D	

Explanation of Responses:

1. These options vested in four equal annual installments following the grant date of March 3, 2008, with the final vesting having occurred on March 3, 2012. **Remarks:**

GARY S. MEADE ATTORNEY-IN-FACT

11/26/2013

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.